

SIX DAY TRAINING CUM WORKSHOP FOR FIELD SURVEYORS

(From 5th November to 10th November 2021)

Under Project:

“Women Mental Health, Risk and Protective Factors of Psychological Distress among Women in Kashmir”

Sponsored by:

National Commission for Women (NCW) - New Delhi



Organized by:

DEPARTMENT OF PSYCHOLOGY, UNIVERSITY OF KASHMIR

SRINAGAR, J&K, 190006

Venue: Seminar Hall, Department of Psychology

Project Coordinator

Aalimah Mumtaz

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Organizer/ Principal Investigator

Dr. Touseef Rizvi

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Purpose of the Workshop: To understand the state of women mental health, perspectives namely biological, social and psychological are of great importance. However, understanding psychological perspective of women mental health is pivotal. Moreover, in psychological perspective various aspects are of importance but psychological distress is prominent. In this regard, PG Department of Psychology has undertaken a research project entitled, “*Women Mental Health, Risk and Protective Factors of Psychological Distress among Women in Kashmir*” sanctioned by the National Commission for Women (NCW), New Delhi. Population of this study include all those domicile women of Kashmir division that fall within the age range of 15 to 65 years. Trained field workers equipped with skills and techniques of data collection, acquainted with process of field work, aware about potential challenges that might be faced during data collection and mindful about the ways of data collection will be deployed for the collection of data. This imparting of skills and techniques will be done by experts in this training cum workshop program.

Objectives of the Workshop:

- To give understanding of the research instruments.
- To impart the training of data collection process to the participants.
- To appraise the participants with the potential challenges of data collection.
- To instruct the participants how to overcome the potential challenges.
- To give the understanding of ethical issues involved with the participants.

Who can apply: Candidates having PG Psychology/ Social Work/ Sociology/ Education.

How to apply: offline Registration.

Programme Schedule

Date	Sessions & Time	Topic/ Theme	Speaker
05 November 2021	Session – I (11:00 – 11:30 PM)	Introduction to the Research Project	Dr. Touseef Rizvi (Head of the Department of Psychology & Principal Investigator)
	Session – II 11:30 – 01:00 PM	Technicalities of Primary Surveys	Elizabeth Mariam (Asst. Professor, Department of Economics, University of Kashmir)
	Lunch Break: 01:00- 02:00 PM		
	Session – II (02:00-04:00 PM)	Ways to Conduct the Survey Effectively	Mr. Bashir Ahmad Bhat (Associate Professor, Population Research Centre, University of Kashmir)
06 November 2021	Session – III (11:00 – 01:00 PM)	Data Collection Types, Issues & Challenges	Dr. Tanveer Ahmed Consultant UNICEF
	Lunch Break: 01:00- 02:00 PM		
	Session – IV (02:00-04:00 PM)	Researcher in the Field	Dr. Aadil Zahoor (Asst. Professor, Department of Management Studies, IUST)
07 November 2021	Session – V (11:00 – 01:00 PM)	Understanding Research Instrument	Dr. Shawkat Ahmed Shah (Dean School of Education and Behavioural Sciences, University of Kashmir)
	Lunch Break: 01:00- 02:00 PM		
	Session –VI (02:00-04:00 PM)	Feedback & Queries	Dr. Yasir Hamid (Assistant Professor, Department of Psychology, University of Kashmir)