

Department of Psychology, University of Kashmir

Established in 2002, we are dedicated to excellence in psychological education, research, and practice. Our department offers postgraduate and doctoral programs to nurture the next generation of psychology professionals.

Head of the Department : Prof. Touseef Rizvi

Vision & Mission

Our Vision

The Department of Psychology envisions becoming a recognized center of excellence in psychological research, education, and practice, dedicated to advancing knowledge and fostering mental well-being. By promoting a culture of creativity, collaboration, and academic excellence, the department strives to produce scholars and professionals who drive meaningful change in society through research, advocacy, and applied psychology.

Our Mission

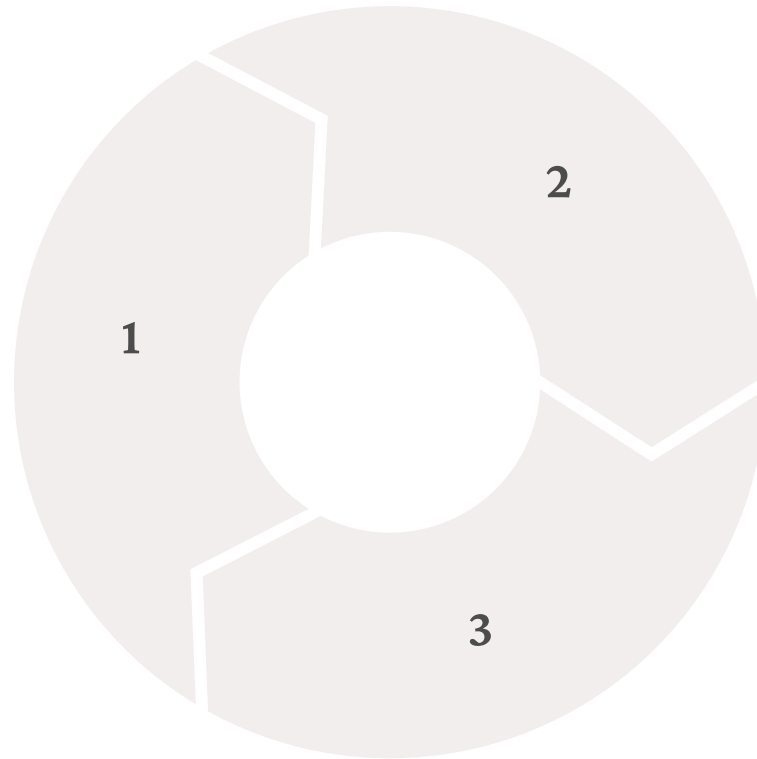
The mission of the Department of Psychology is to cultivate a dynamic learning environment that equips students with the skills, knowledge, and ethical foundation necessary for impactful careers in psychology. Through rigorous training, innovative research, and community engagement, the department seeks to empower students to become agents of positive change, addressing psychological challenges and contributing to the well-being of individuals and communities.

Our Core Objectives

- **Quality Education:** Deliver cutting-edge psychological education at postgraduate and doctoral levels
- **Innovative Research:** Conduct ethically sound and culturally sensitive psychological research
- **Professional Development:** Develop skilled professionals to address mental health needs
- **Community Engagement:** Promote psychological well-being through community outreach
- **Inclusive Environment:** Foster inclusivity that values diversity and critical thinking

Academic Excellence & Programs

Postgraduate Program
Comprehensive curriculum in various psychological domains



Research Program

Doctoral studies with 39 active research scholars

Specializations

Clinical, counselling, health, cognitive, and organizational psychology

Our department offers robust academic programs designed to equip students with theoretical knowledge and practical skills in psychology. With an intake capacity of 53 students per batch, we maintain an optimal student-faculty ratio for personalized learning experiences.

Faculty

Name	Designation	Specialization
Prof. Touseef Rizvi	Professor & HOD	Clinical Psychology, Behaviour Modification
Prof. Shawkat Ahmad Shah	Professor	Counselling, Research Methodology, Organizational Psychology
Prof. Humera Shafi	Professor	Health Psychology, Social Psychology
Dr. Asma Nabi	Assistant Professor	Psychotherapeutics, Social Psychology
Dr. Mohd Muzamil	Assistant Professor	Psychometrics, Organizational Psychology
Dr. Yasir Hamid	Assistant Professor	Psychometrics, Organizational Psychology
Dr. Saika Farid	Assistant Professor(Contractual)	Positive Psychology, Gender Psychology
Dr.Imtiyaz Ahmad	Assistant Professor(Contractual)	Psychopathology, Biopsychology

Faculty

Non-Teaching Staff

S. No.	Name	Designation
01.	Mr. Gh. Mohi ud Din Jan	Head Assistant
02.	Mrs. Kouser Haleema	Senior Assistant
03.	Mrs. Atiqa Bano	MTS
04.	Mr. Shabir Ahmad	MTS
05.	Mr. Fayaz Ahmad	Helper
06.	Mr. Qawsar Tashooq	Helper(IT)
07.	Mr. Imtiyaz Ahmad	Helper
08.	Mrs. Nusrat	Helper
09.	Bashir Ahmad Sheikh	Sweeper

Our non-teaching staff plays a crucial role in ensuring smooth departmental functioning. Their dedication supports our academic mission through efficient administrative processes, technical assistance, and maintenance of our facilities.

Our Infrastructure

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Classrooms

Spacious learning environments with 125 combined seating capacity

2

Specialized Labs

Psychological and computer laboratories equipped with psychological equipment & Free open Source Software

1

Library

Comprehensive collection of psychological literature and research materials

6

Faculty Rooms

Dedicated spaces for faculty research and student consultations

1

Women's Room

Dedicated space for female students and staff

1

Scholars Room

Specialized area for research scholars to collaborate and conduct their studies

Research Projects

Digital Transformation for Neurodiversity

European Commission-funded international project focusing on neurodiversity inclusion across Africa and Asia (2024).

PI: Prof. Shawkat Ahmad Shah

1

Research on Women's Mental Health

National Commission for Women-funded research examining risk and protective factors of psychological distress among Kashmiri women (2022).

PI: Prof. Touseef Rizvi

3

Youth Engagement Project

Development of a comprehensive technological framework for holistic youth outreach in Jammu & Kashmir (2023).

CO-PI: Dr. Mohd. Muzamil

Chief Consultant: Prof. Shawkat Ahmad Shah

2

Research on Tribal Children

ICSSR-funded exploration of parenting styles and school environment effects on delinquency among tribal children in J&K (2023).

PI: Dr. Mohd. Muzamil

CO-PI: Prof. Shawkat Ahmad Shah

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Major Achievements:

Faculty Accomplishments

Developed two MOOC courses enhancing educational accessibility

Organized workshops on current psychological research methodologies

Received Best Presentation Awards at national and international conferences

Research Excellence

Four doctoral scholars received Best Research Presentation Awards at prestigious forums

Advanced psychological knowledge through collaborative projects and publications

Student Achievements

Won Table Tennis Championships in 2023 and 2024

Secured top positions in national competitions and university events across academic and extracurricular domains

Academic Output & Publications

Faculty published 61 research papers and 1 book (2018-2025), awarding several doctoral degrees and advancing psychological research in the region.

Contact & Location

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We welcome inquiries from prospective students, researchers, and collaborators. Visit our campus in the beautiful Naseem Bagh area of Kashmir University to learn more about our programs and research opportunities.