



Department of Psychology, University of Kashmir, Srinagar J&K.

Established in 2002, the Department of Psychology, University of Kashmir, is committed to excellence in psychological education, research, and practice. This profile offers detailed insights into our vision, mission, academic programs, achievements, and relevant information.



Vision & Mission

Vision

The Department of Psychology envisions becoming a recognized center of excellence in psychological research, education, and practice, dedicated to advancing knowledge and fostering mental well-being. By promoting a culture of creativity, collaboration, and academic excellence, the department strives to produce scholars and professionals who drive meaningful change in society through research, advocacy, and applied psychology.

Mission

The mission of the Department of Psychology is to cultivate a dynamic learning environment that equips students with the skills, knowledge, and ethical foundation necessary for impactful careers in psychology. Through rigorous training, innovative research, and community engagement, the department seeks to empower students to become agents of positive change, addressing psychological challenges and contributing to the well-being of individuals and communities.

Core Values

- **Quality Education:** Deliver cutting-edge psychological education at postgraduate and doctoral levels
- **Innovative Research:** Conduct ethically sound and culturally sensitive psychological research
- **Professional Development:** Develop skilled professionals to address mental health needs
- **Community Engagement:** Promote psychological well-being through community outreach
- **Inclusive Environment:** Foster inclusivity that values diversity and critical thinking

Courses

Postgraduate Course

P.G. in Psychology with intake capacity of 53.

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Research Course

Ph.D. Program with 39 research scholars enrolled currently.

Our department offers robust academic programs designed to equip students with theoretical knowledge and practical skills in psychology. With an intake capacity of 53 students per batch & 8 faculty members, we maintain an optimal student-faculty ratio for personalized learning experiences.

Faculty

Name	Designation	Specialization	Photograph
Prof. Touseef Rizvi	Professor & HOD	Clinical Psychology, Behaviour Modification.	
Prof. Shawkat Ahmad Shah	Professor	Counselling Psychology, Research Methodology, Organizational Psychology, Statistics.	
Prof. Humera Shafi	Professor	Health Psychology, Social Psychology	
Dr. Asma Nabi	Assistant Professor	Psychotherapeutics, Social Psychology	
Dr. Mohd Muzamil	Assistant Professor	Psychometrics, Organizational Psychology, Human Resource Management	
Dr. Yasir Hamid	Assistant Professor	Cognitive Psychology, Health & Wellbeing, Statistics.	
Dr. Saika Farid	Assistant Professor(Contractual)	Positive Psychology, Gender Psychology	
Dr.Imtiyaz Ahmad	Assistant Professor(Contractual)	Psychopathology, Biopsychology	

Non-Teaching Staff

S. No.	Name	Designation
01.	Mr. Gh. Mohi ud Din Jan	Head Assistant
02.	Mrs. Kouser Haleema	Senior Assistant
03.	Mr. Shabir Ahmad	MTS
04.	Mrs. Atiqa Bano	MTS
05.	Mr. Fayaz Ahmad	Helper
06.	Mr. Qawsar Tashooq	Helper
07.	Mr. Imtiyaz Ahmad	Helper
08.	Mrs. Nusrat	Helper
09.	Bashir Ahmad Sheikh	Sweeper

Infrastructure

3

Classrooms

Spacious learning environments with 125 combined seating capacity

2

Specialized Labs

Psychological and computer laboratories equipped with psychological equipment & Free open Source Software

1

Library

Comprehensive collection of psychological literature and research materials

6

Faculty Rooms

Dedicated spaces for faculty research and student consultations

1

Women's Room

Dedicated space for female students and staff

1

Scholars Room

Specialized area for research scholars to collaborate and conduct their studies

Achievements:

Research Projects (Total Grants: 1 Crore & 45 Lac.)

Digital Transformation for Neurodiversity

European Commission-funded international project focusing on neurodiversity inclusion across Africa and Asia (2024).

Grant Awarded: 1 Crore 28 Lac.

PI: Prof. Shawkat Ahmad Shah

Women's Mental Health

National Commission for Women-funded research examining risk and protective factors of psychological distress among Kashmiri women (2022).

Grant Awarded: 12 Lac.

PI: Prof. Touseef Rizvi

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Youth Engagement

Development of a comprehensive technological framework for holistic youth outreach in Jammu & Kashmir (2023).

CO-PI: Dr. Mohd. Muzamil

Chief Consultant: Prof. Shawkat Ahmad Shah

Tribal Children Welfare

ICSSR-funded project aiming at exploration of parenting styles and school environment in relation to delinquency among tribal children in J&K (2023).

Grant Awarded: 5 Lac.

PI: Dr. Mohd. Muzamil

CO-PI: Prof. Shawkat Ahmad Shah

Achievements:

MOOC Development

Development of SWAYAM MOOC on "Effective Decision Making" by Dr.Mohd.Muzamil.

Development of SWAYAM MOOC on "Psychology of Health & Wellbeing" by Dr.Yasir Hamid.

Awards

Four doctoral scholars & three faculty members received Best Research Presentation Awards at various conferences.

Sports Activities

Winners of University level inter-departmental table tennis championships in 2023 and 2024.

Research Output

Faculty published 61 research papers and 1 book during the period 2018-2025.

Contact

Address

Naseem Bagh, Hazratbal, University of Kashmir, Srinagar-
190006

Web Page: <https://psychology.uok.edu.in>

Email

psychology@kashmiruniversity.ac.in

Phone

01942272283

We welcome inquiries from prospective students, researchers, and collaborators. Visit our campus in the beautiful Naseem Bagh area of Kashmir University to learn more about our programs and research opportunities.