

**M.A. (PSYCHOLOGY) 3<sup>RD</sup> SEMESTER**  
**COURSE NAME: PSYCHOLOGY OF GENDER**  
**COURSE CODE. PSY23-307-DCE**

**TOTAL CREDITS: 4**

**TEACHING HOURS=48**

**TUTORIAL HOURS= 16**

**NOTE: EACH UNIT CARRY 1 CREDIT VALUE WITH 12 HOURS TEACHING & 4 HOURS TUTORIAL**

**OBJECTIVES:**

- ☐ Outline various dimensions, factors, and processes of the construction of gender.
- ☐ Identify and describe gender stereotypes and their role in one's gender identity.

**LEARNING OUTCOMES:**

Following completion of the course, students are expected to demonstrate competency in the following areas:

- ☐ Expand upon the binary conceptualizations of both sex and gender by differentiating the biological concept of sex, as manifested in maleness and femaleness, from the cultural concept of gender, as manifested in masculinity and femininity.
- ☐ Identify and describe gender stereotypes and their role in one's gender identity.
- ☐ Compare the biological (nature) and social psychological (nurture) theories of gender development throughout the life span.

**UNIT-I**

Introduction to Gender Psychology; Sex, Gender and Sexuality.

Patriarchy and Gender.

Gender Stereotypes: Explicit and Implicit measures; Processes and Implication of Stereotyping

**UNIT-II**

Biological Theories: Evolutionary Theories; Genetics, Hormones, Physiology and Structural Differences. Socio-biology and evolutionary psychology.

Social and cultural paradigms: Role of culture and socialization.

**UNIT-III**

Cognitive Theories of Gender: Kohlberg's theory of cognitive development;

Gender Schema theory. Social Learning Theory (Albert Bandura).

Social Psychological Theories: Eysenck's theories of gender and sexuality; Social Role Theory.

**UNIT-IV**

Deconstructing and Re-Constructing Masculinity and Femininity:

Gender Differences in Relational and Collective Interdependence

Gender Dysphoria

**READINGS:**

- ☐ Alice H., Eagly, Anne E. Beall, Robert J. Sternberg. (Eds.) (2005). *The Psychology of Gender* (2<sup>nd</sup> ed.). GP.
- ☐ Christina Richards, Meg John Barker. (2015). *The Palgrave Handbook of the Psychology of Sexuality and Gender*. Palgrave Macmillan.
- ☐ Mary, C. (1997). *Talking Difference: On Gender and Language*. SAGE Publications Ltd.
- ☐ Richard A. Lippa. (2005). *Gender, Nature, and Nurture*. (2<sup>nd</sup> ed.). Psychology Press.
- ☐ Vicki S. Helgeson. (2020). *Psychology of Gender* (6<sup>th</sup> ed.). Routledge.